Tibetan Health

Sep 2011 -Sep 2012

Department of Health, CTA

Inaugural Ceremony of new Kalon and Secretary

TIBETAN HEALTH

SEPTEMBER 2011-SEPTEMBER 2012

Contents

Kalon's Message

Secretary's Message

Health Information System (HIS) 1

Tibetan Medicare System (TMS) 1

Kalon's Address to Annual meeting of settlement officers 2

Tele Medicine 2

Kalon's Official Tour outside India 2

Health Education & Campaign

World HIV/AIDS Day 3

World Cancer Day 4

World Hepatitis Day 4

International Day Against Drug Abuse and Illicit Trafficking 4

Reproductive Health Education 4

Kalachakra Medical Camp 5

TB REACH Project 5

TB Conference and Workshop 6

Health meeting with Central TB Division (CTD) 6

Procurement of New-95 Mask to Hospitals 7

Successful collaboration with AISPO Project, Italy 7

World TB Day 7

Malaria Prevention Program 7

Tibetan Torture Victims Program, World Torture Day 8

The Revised MBBS Bond 8

Mother & Child Health (MCH)

Cervical Cancer Education Program 9

Awareness on Breast Feeding 9

Oral Health Program 10

Project for Tibetans with Special Needs 10

Health Aids and Appliances 11

Workshop on Women's Health 11

Mental Health Training 11

International Clinical Tropical Medicine Training 12

Kalon's Visit and Meeting Inside India 12

List of project and activities of DoH 2012-2013 Budget 16

List of Donors 19

Staff update of DoH- Resigned, appointment and Transferred 22

Volunteer Desk 25

How You Can Help 26

Board of Editor:

Thutop Namgyal
Nyima Gyaltsen
Namgyal Dhondup
Pema Norkyi
Kabsang
Tashi Yangzom
Natalie Sparrow (Tulane, School of Public Health, USA)
Tenzin Sonam (Standford University, USA)

Compiled, Layout & Designed:

Tashi Yangzom

Published by:

Department of Health
Central Tibetan Administration

The Secretary
Department of Health
CTA Gangchen Kyishong
Dharamshala Distt. Kangra
HP 176215

Kalon's Message

First of all, I would like to take this precious opportunity to extend my warm greetings to all the Tibetans inside and outside Tibet. As nominated by the first democratically elected Sikyong (The Political leader) of the Tibetan People, Dr. Lobsang Sangay and unanimously approved by the Tibetan Parliament, I accepted the post of Kalon and took the oath of office from the Chief Justice Commissioner on 16 September 2011. I officially took the responsibility to lead the Department of Health (Tibetan Voluntary Health Association) as its 15th Kalon on 19 September, 2011. It was an honor and privilege to succeed Kalon Chope Paljor Tsering-la. I look forward to lead the DoH (TVHA) and improve the health conditions of the Tibetan people to the best of my abilities.

Scattered throughout in India, Nepal and Bhutan, the total exile Tibetan population is around 130,000. Under such circumstances, the need of human resources and facilities related with health are great. DoH faces a tough challenge in terms of public health and improving health human resources and ensuring health care access to remote Tibetan settlements. I hope to receive the cooperation and support of Tibetan Medical and Astro Institute (Mentsekhang), Delek hospital, Monasteries, Schools, Tibet Charity, Choice, Kunphen, and others as our partners in carrying forward our common responsibility in improving the health of the Tibetan people.

The DoH was first established in 1981. My predecessors and former health staffs worked really hard to improve the health of Tibetan people. At present, the department has expanded greatly, supporting 43 health centers in India and 12 health centers in Nepal. The Department also administers and supports an Ngoenga school for Tibetan children with special needs in Dehradun, India since year 2000. All these achievements could not have been possible without the blessings of His Holiness the Dalai Lama, the Indian government and people and the various charitable organizations in India and abroad and the dedication and hard work of all the former and present staff working in Dharamsala and various health centers. Thank you all for making a difference! However, there is much more work to be done to improve the mechanisms for monitoring and ensuring further efficiency in health care deliveries. I look forward to working with you all. I request the entire provider and the recipient of our health services and the Tibetan community to be aware of collective efforts to make a healthier Tibetan society. I also look forward for similar cooperation from other Departments as we would like to move towards "Health in all Policies". Lastly, I request all our health and medical professionals, particularly medical doctors and public health personals, to serve the community. Central Tibetan Administration and your community need your help at this critical time.

Dr.Tsering Wangchuk

Secretary's Message

The Department of Health (Tibetan Voluntary Health Association), CTA has been promoting a healthy exile Tibetan community, enabling access to primary health care services, since 1981. The Department of Health (DoH) has been able to support the poorest of poor Tibetans during its three decades of service. The DOH's activities would not have been possible without contribution of staff who rendered their services and other organizations and individual donors who have extended their humanitarian aid.

This newsletter dedicated to one year service of our Kalon, Dr. Tsering Wangchuk. On behalf of the entire staff of the Department of Health, I earnestly congratulate and thanking you for your dedication and commitment in shouldering the responsibility as the Health Kalon. This newsletter include information on health projects and programs that the DoH has been actively carrying out to make our community healthy, more aware of various ailments.

Lastly, I would also like to thank individual donors, organizations, former and current staff for their contribution and untiring work to make DoH stronger. Hope your support and service will continue.

'MAY EVERY BEING BE HEALTHY AND HAPPY'

Sonam Choephel Shosur

Health Information System (HIS)

The Department of Health (DoH), Central Tibetan Administration uses data from Health Information System (HIS) to track the general health condition of Tibetans, monitor current health programs, plan future projects, and allocate resources according to the specific needs of Tibetan communities in India and Nepal.

Currently, out of 55 healthcare clinics in India and Nepal, 44 submit health data to the DoH on monthly basis; the remaining 6 clinics will begin to submit HIS health data in late 2012.

In November, 2011 the DoH organized a HIS technology training session for health workers that focused on monitoring and evaluation tools.

Manager of HIS, Dr. Lobsang Tsering and the dealing staff, Tenzin Sonam visited Mundgod, Hunsur, Kollegal, and Bylakuppe in September, 2012 to evaluate and monitor accurate data collection and reporting. The DoH would like to thank Population Refugee Migration(PRM) & Gere Foundation via Tibet Fund for their funding support.

Tibetan Medicare System

In 2010, the Department of Health, Central Tibetan Administration drafted policy guidelines for the Tibetan Medicare System (TMS) in response to the 13th Kashag's decision to create a healthcare coverage program for Tibetans living in India. Launched on April 1, 2012 TMS is a holistic social health program under the Tibetan Voluntary Health Association that is designed to address deficiencies in the existing system. TMS provides full coverage of medical services and medical catastrophes to both disadvantaged and wealthy community members. Over time TMS will contribute to the overall wellbeing of our Tibetan community by providing comprehensive medical care and preventative health services. Registered members (families and individuals) are eligible to receive a maximum annual benefit of Rs. 100,000 and Rs. 50,000 on hospitalization costs for the annual contribution of Rs. 3,565 and Rs. 950 respectively. The TMS issues a Smart Card to each member that contains the member's coverage details and confidentially coded medical information. This technological feature will allow members to receive medical care that is more complete and effective. The total number of TMS membership for year 2011 to 2012 is 7,586.

TMS staff members have visited a number of Tibetan settlements to provide benefit and coverage information to the community and enroll those interested in the programme. DoH also organized Training of Trainees (ToT) at three places viz. Delhi, Bylakuppe and Salugara from January 16- 27, 2012. 52 participants from different settlements including doctors, nurses and hospital administration secretaries attended the training. The training was conducted with guidance from Micro Insurance Academy (MIA) of Delhi. In reply to a generous invitation from the Taiwan International Health Insurance Training Centre, two DoH staff, Nyima Gyaltsen and Kapsang, attended the training in Taipei and met the former Health Minister of Taiwan, Prof. Yaung, Chih-Liang. During their visit they gathered information on Taiwan's health insurance program and learned healthcare management skills that they will utilize in developing our TMS program. DoH would like to thank BMZ & Malteser International, Germany through MIA for their funding support for Tibetan Medicare System program.

Kalon's Address to Annual Meeting of Settlement Officers at Dharamsala

The 8th Annual Conference of the Tibetan Settlement Officers, organized by the Department of Home, Central Tibetan Administration was held at Dharamsala from June 14-17, 2012. The conference was attended by 41 Settlement Officers and three Co-ordinators from Tibetan settlements in India and Nepal. The Honorable Health Kalon, Dr.Tsering Wangchuk addressed the conference and called for the Settlement Officer's cooperation and support in the implementation of the CTA's healthcare policies and programs. He specifically urged the participants to create awareness of and encourage to enroll in the newly launched Tibetan Medicare System (TMS).

TELE Medicine

The Department has recently introduced a Tibetan Telemedicine as a Pilot project. The Telemedicine Project currently has 2 pilot telemedicine clinics in Mainpat and Odisha. Installation of telemedicine clinic at Mainpat has completed on 24th of August, more than 210 teleconsultation has done till date. Where as installation in Odisha will take another couple month. Also plan to expand to more remote area in next year. The locations of the clinics are chosen based on the availability of reliable electricity and internet connection, technical abilities required to successfully run the program. The Teleradiology Solution Pvt. Ltd. of Bangalore has provided technology support for the project. The DoH would like to extend heartfelt gratitude toward Associazione Italia-Tibet, Camelia Foundation who have made this project possible with their kind support.

Kalon's official tour outside India

Health Kalon, Dr Tsering Wangchuk visited Taiwan on the invitation of Taiwan Health Corps from April 8-14, 2012. He met the Tibetans living in Taiwan at Office of Tibet and gave them an overview of the

Kashag's policy and Department of Health. The Kalon also interacted with Taiwanese Health Minister, Dr. Wen Ta Chiu, Former Health Minister of Taiwan, Prof. Ming Liang Lee, Director of Bureau of International Cooperation of Taiwanese Ministry of Health, Mr. Hsu Min Hu, Prof. Song Lih Huang and Dr. Chen, International Cooperation & Development Fund (ICDF). Besides requesting their continued support in improving the health of the Tibetan community in exile, he also stressed on the need for more mutual collaboration in health and medicine between Taiwan and DoH (Tibetan Voluntary Health Association).

The Kalon visited Taiwan Dental Association, and met Dr. Mao Suan Huang to discuss on organizing Oral Training for Tibetan dentists and dental therapists. He also met with Dr. Jin Jih Tsai, Dr. Martin S.H Hsiao, and Ching Kuan Liu at Kaosiung Medical University's Chung Ho Memorial Hospital to convey his gratitude for the training opportunity they provided for our doctors.

May 23 - 30, 2012– Health Kalon paid his first official visit to Warsaw, Poland on the invitation of Warsaw Medical University, Foundation Lech Walesa Institute and The Other Space Foundation. He attended International Symposium of Alumni of Polish Medical Universities in Warsaw on 26 May, 2012. In his address, Kalon gave an overview of the health care system of Tibetans in exile and the DoH's priorities to improve the system.

He met Polish MP, Mrs. Beata Bubliewicz at Polish Parliament and other important Polish Dignitaries to discuss on ways through which Poland can help the Tibetan community in exile in the field of health.

Kalon also visited Helsinki Foundation for Human Rights in Warsaw and met its President Mrs. Danuta Przywara and Adam Koziel. He thanked them for their role in bringing first Tibetan students including Kalon himself in Poland to study Medicine and Engineering.

Health Education and campaign

World HIV/AIDS Day

On December 1 2011, World HIV/AIDS Day was observed. The Department of Health organized a

street play and talk on HIV/AIDS at Central Tibetan Administration to raise awareness amongst the employees on the disease. A similar awareness talk was also organized at Sherab Gatsel Lobling School. The department also distributed free condoms and pamphlets at McLeod Ganj.

World Cancer Day

World Cancer Day was observed on February 4,

2012. Globally, 12.7 million people are diagnosed with cancer and 7.6 million people die from the disease every year. The Department of Health organized a panel discussion on Tibetonline TV where Dr. Sonam Dhondup from the DoH, and Dr. Jamyang Dolma from Tibetan Medical and Astro Institute discussed on prevention, diagnosis, and treatment of cancer. According to the DoH, most common types of cancer among Tibetans are Esophagus, Liver, Stomach and Cervical.

World Hepatitis Day

The Department of Health observed World Hepatitis Day on July 28, 2012. Kabsang, Pema Norkyi, and Tenzin Sonam Atruktsang of the Department gave talk on Hepatitis and its prevention methods at Sherab Gatsel Lobling and College for Higher Ti-

betan Studies, Sarah. Five other staff set up an information stand in McLeod Ganj. They distributed badges, bookmarks, and brochures on Hepatitis near the Tsuglagkhang and the Main Square.

International Day Against Drug Abuse and Illicit Trafficking

The Department of Health observed International Day against Drug Abuse and Illicit Trafficking on June 26, 2012. An information campaign aimed at discouraging the use of drugs and alcohol was organized. Calendars, pamphlets, and stickers that provided information on the dangers of drug use were distributed. The campaign also encouraged those interested in receiving help to contact local support and treatment organization.

Reproductive Health Education

The Department of Health, CTA, on request from the Health & Environment Committee, Upper TCV, held a Sex Education Program for the students from grade 6 to 12 from August 6-16, 2012. Natalie Spar-

row, a student pursuing a Master of Public Health degree at Tulane University, volunteering at the DoH, led the discussion with female students covering the topics, Basic Female Reproductive Anatomy, Puberty, Menstruation and Hygiene. Another volunteer at the DoH, Tenzin Sonam Atruktsang, a student pursuing a Bachelor of Science at Stanford University led the discussion with male students covering the topics, Basic Male Reproductive Anatomy, Puberty, Hygiene, and the Effects of Tobacco and Alcohol. For grades 9 to 12 students, the topics of sexually transmitted diseases and safe sex were additionally covered.

Medical Camp for Kalachakra Initiation 2011-12

The Department of Health arranged medical camp at Bodh Gaya to offer basic medical care for the large number of devotees who attended Kalachakra Inititiation 2011-2012. 5 doctors, 12 nurses, and 7 staff members from the DOH worked in the medical camp for 16 days. The medical camp provided primary medical service to a total of 5,610 patients. Important health related information were provided to attendees through distribution of pamphlets and screening of the movie "Kyema Lamnor Kyi Khodung" to public.

Tuberculosis (TB) Control Program.

TB Reach Project

TB REACH is a one-year project supported by the WHO and the Stop TB Partnership, which aims to find innovative approaches for improving TB case detection in populations at high risk for tuberculosis (TB) and limited access to TB services.

The goal of this project is to increase case detection rates of TB and multi-drug resistant (MDR) TB.

From August 2011 to September 2012, the TB REACH team headed by Dr. Richardson Chaisson, Dr. Kerry, and Dr. Kunchok had conducted active TB case finding in several Tibetan schools, monasteries and nunneries in Himachal Pradesh and Mundgod and Bylakuppe settlements in Karnataka state.

Over 5,245 people were screened for symptoms of TB (cough, fever, night sweats and weight loss) during the team's time in Mundgod. In Bylakuppe, additional 8,970 people were screened for symptoms of TB, and over 470 people were tested for TB using chest x-ray and sputum testing.

From June–July 2012 the TB REACH team lead by Dr. Kerry and Dr. Sonam continued active TB case finding activities at CST Shimla, CST Dalhousie, Kirti, Dorjee Drak and Jonang monasteries, Domaling and Gaden Choeling nunneries, as well as ongoing screening of new arrivals at the Reception center. Contact tracing was also conducted at Gopalpur TCV school.

In August, Dr. Lobsang from the Department of Health joined the TB REACH team during a visit to STS Paonta and Sakya Monastery at Puruwala.

Contact tracing was also conducted at Chauntra TCV school. Many TB suspects undergo sputum testing with the rapid diagnostic machine for TB, the GeneXpert MTB/RIF machine. As a result of TB REACH funding, a new GeneXpert machine was installed at DTR Hospital in Mundgod and Tso Jhe Hospital in Bylakuppe. Furthermore, a vehicle purchased with TB REACH funds is now in place at Hunsur Phende Hospital. This vehicle was used for TB REACH activities in Bylakuppe.

Overall, 20,565 people have been screened for symptoms of TB, and over 2,847 people have been tested for TB at 14 Tibetan schools, 20 monasteries and the Reception Center as a result of TB REACH project activities. A total of 62 cases of TB have been identified and started on treatment thus far. This work would not have been possible without the support from TB reach team from John Hopkin, Delek hospital and staffs of CTA's DOH as well as concerned staffs in Mundgod, Bylakuppe, and Himachal Pradesh. The TB REACH one year project has been extended until March 2013, so the TB REACH team will continue to conduct TB case finding in schools, monasteries, and nunneries in Uttrakhand state.

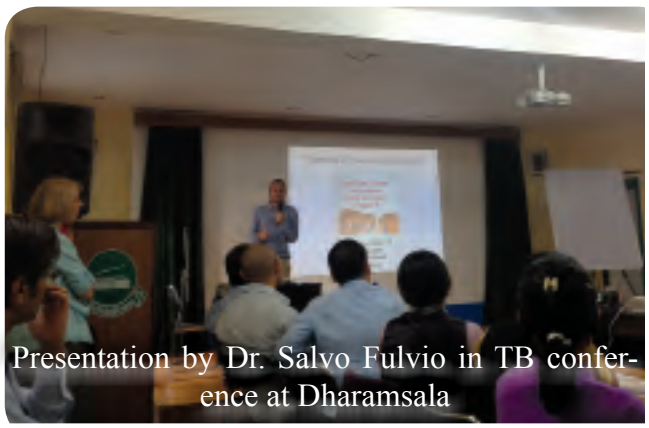
TB Conference and Workshop

The TB Conference and Workshop, held from April 3-6, 2012 in Dharamsala, was organized by Delek Hospital and supported by Johns Hopkins University's Center for TB Research USA, TB REACH of WHO, and AISPO Italy. The conference provided information on TB and MDR (multi-drug resistant) TB diagnosis, treatment, management, infection control, and training of a newly introduced electronic data system for the management of TB patients to staff members working in settlement hospitals, schools and monasteries. Doctors, nurses, and health staff from all hospitals, schools, and monasteries attended the workshop.

Meeting with Central TB Division (CTD) of the Government of India

On April 4, 2012 during the TB Conference and Workshop held in Dharamsala, a meeting was held between Central TB Division Govt. of India and Department of Health, at the DoH's office in Dharamsala. The meeting was attended by Dr. Ashok Kumar, Deputy Directorate General from the CTD of New Delhi, Dr. Tsering Wangchuk, Health Kalon, Mr. Sonam Choephel Shosur, Secretary of DoH, Mr. Tsegyal Dranyi, Additional Secretary of DoH, Dr. Kulbhushan Sood, State TB officer from Shimla, HP., Dr. R.S. Rana, District TB Officer of Kangra District, HP., Dr. K.C.Kaushal, RNTCP Consultant, Dr. D.K.Gupta, RNTCP Consultant HP., Dr. Tsetan Sadutshang, CMO of Delek Hospital from Dharamsala and Dr. Kunchok Dorjee, TB Programme Director of Delek Hospital.

The main agenda of the meeting was to establish a collaboration between DoH and RNTCP, Govt. of India to achieve effective TB control in the Tibetan population in India. The challenges and solutions for TB control in the Tibetan population in India were also discussed during the meeting. It was agreed that DoH will submit to CTD a detailed map of all its population and health facilities in India with a recommendation on which center to be conferred Designated Microscopic Center, and which centers can serve as Direct Observered Therapy Short Course (DOTS) Center. Subsequently in July 2012, DoH submitted its future proposal plan to CTD and hopes to see a successful collaboration with CTD Government of India in the months to come.



Presentation by Dr. Salvo Fulvio in TB conference at Dharamsala

Procurement of New-95 Mask to Hospitals

For the safety of hospital staff of the TB Control Program, the DoH procured and distributed N95 protective masks to Tso Jhe Hospital in Bylakuppe, DTR Hospital in Mundgod and the Tibetan Primary Health Care Centre in Dekyiling, Dehradun. These masks provide a simple and effective method of TB prevention by filtering the air that users breathe in, protecting them from the air-born bacteria that cause TB. The DoH would like to convey heartfelt gratitude to Population Refugee Migration (PRM through Tibet Fund) and Social and Resource Development (SARD) for their funding support for this program.

TB Screening

Every year, The DoH conducts TB screening in selected Tibetan schools in India and Nepal. In 2011, 22,630 students were screened in 62 schools. 9 students with TB were detected during the screening.

Successful Collaboration with AISPO Project, Italy

The Italian Association for Solidarity among People (AISPO), Italy has been supporting the Tibetan TB Control program since September 2009. Over the past 3 years, AISPO has provided supplies such as computers, printers and laboratory microscopes. AISPO also funded number of important projects including the Drug Susceptibility Test for diagnosis of MDR-TB, TB workshop in October 2010, Laboratory Tech Training in April 2011, Advanced Nurse Training in June 2011, TB Conference in April 2012, and World TB Day in March 2011 and 2012. On May 23, 2012 the DoH hosted a farewell tea party for AISPO Project Manager, Dr. Salvo Fulvio to express heartfelt gratitude for AISPO's contribution to the prevention of TB in Tibetan Community.

World TB Day

World TB Day Basketball Tournament

World TB Day, was observed on March 24, 2012 in all the Tibetan settlements in India and Nepal. A statement released by the Honorable Health Kalon announced the theme of this year's TB Day, "Stop TB in Youth", and emphasized the importance of TB and early treatment. In Dharamasala, health talks were conducted. The DoH and Delek Hospital jointly organized The Second Annual Basketball Tournament with the support of AISPO and STOP TB. Pamphlets, DVDs, and "Stop TB" shirts were distributed to the public.

Malaria Control Program

Malaria is responsible for significant morbidity and mortality and is a major health concern in Tibetan settlements. According to a survey conducted by Planning Commission (CTA), 3.3% of Tibetans in exile suffer from malaria and most of these cases occur in settlements located in Malaria endemic areas, Central and North East India.

The Department recently distributed 1,600 Long-Lasting Insecticide-treated Nets (LLINs) in Miao Choepheling settlement and 900 LLINs in Mainpat settlement, free of charge to destitutes and 60% discount to general Public. These bed nets are successful at controlling the spread of Malaria by preventing the mosquito bites that transmit the disease, ultimately reducing long-term illness and associated mortality.

Conference on Access to Justice for Victims of Torture in Rehabilitation

Manila, Philippines Nov 22-26, 2011

By the cordial invitation from the International Rehabilitation Council for Torture Victims (IRCT), Mr. Namgyal Dhondup of the DoH attended the conference 'Access To Justice for Victims of Torture in Rehabilitation'. An estimated 50 participants from 10 Asian countries namely, India, Nepal, Sri Lanka, Cambodia, Bangladesh, Thailand, Indonesia, Philippines, Pakistan and Hongkong took part in the conference.

Mr. Namgyal presented the work of Tibetan Torture Survivors' Program (TTSP) and spoke on the history and current situation of Tibet.

Gu Chu Sum

International Day in Support of Victims of Torture

On June 26, The DoH in association with The Gu

Chu Sum Movement of Tibet (Former Political Prisoner's Association) jointly commemorated the International Day in Support of Victims of Torture.

Hundreds of Tibetans and foreign supporters gathered at the TCV Day School ground to observe the day. Health Secretary, Mr. Sonam Choephel Shosur read out the IRCT statement. During the day, Gu Chu Sum presented a play on the plight of Tibetan political prisoners under the Chinese regime in Tibet. Mr. Dawa Tsering, a former political prisoner, shared his experience of Chinese prison. A photo exhibition depicting the real situation of Tibetan political prisoners was organized.

The Revised MBBS Bond

The Department of Health and the Department of Education of Central Tibetan Administration, with the approval from Kashag has revised the MBBS Bond. The Bond is an agreement forged between Tibetan Voluntary Health Association (TVHA), Tibetan Children Education and Welfare Fund (TCEWF) and selected students who in exchange for the MBBS seat and scholarship, agree to provide 3 years service in Tibetan community after the completion of their MBBS degree.

list of students who have signed the Revised MBBS Bond'2012

S. No	Name	Gender	College
1	Rinzin Choedon	F	Rajendra Prasad Government Medical College (RPGMC), Tanda, Dharamsala
2	Rinchen Sangmo	F	Sardar Patel Medical College, Bikaner, Rajasthan
3	Tenzin Yeshi	F	Indra Gandhi Medical College (IGMC), Shimla
4	Tenzin Tsomo	F	Sardar Patel Medical College, Bikaner, Rajasthan
5	Kalsang Choedon	F	Sardar Patel Medical College, Bikaner, Rajasthan
6	Ugen Gyatso	M	Indra Gandhi Medical College (IGMC), Shimla
7	Tenzin	M	Indra Gandhi Medical College (IGMC), Shimla
8	Tashi Namgyal	M	Indra Gandhi Medical College (IGMC), Shimla
9	Tenzin Tsewang	M	Rajendra Prasad Government Medical College (RPGMC), Tanda, Dharamsala
10	Tenzin Dasel	M	Rajendra Prasad Government Medical College (RPGMC), Tanda, Dharamsala
11	Ngawang Tsetan	M	Sardar Patel Medical College, Bikaner, Rajasthan
12	Tsering Lhamo	F	Sardar Patel Medical College, Bikaner, Rajasthan
13	Tenzin Nordon	F	Rajendra Prasad Government Medical College (RPGMC), Tanda, Dharamsala
14	Tenzin Chonyi	M	Sardar Patel Medical College, Bikaner, Rajasthan

Mother & Child health (MCH) Program

Cervical Cancer Prevention Education

In order to promote reproductive health and thereby safe motherhood, the DoH instructed its major healthcare centers to educate Tibetan women about cervical cancer. Healthcare centers in 11 of our Tibetan settlements hired gynecologists to present health talk on the causes, signs and symptoms, precautions, and prevention of cervical cancer.

The talks were presented in Bhandara, Bir, Bylakuppe, Dekyiling, Delhi, Dharamsala, Hunsur, Kollegal, Mainpat, Mundgod and North East Tibetan Settlements for a total of 2,668 women ranging the age from 16-55 years. Additionally, 483 women received a doctor's consultation and participated in cervical cancer screening with Pap test.

Since each cervical cancer health talk was organized exclusively for women, it was an open and interactive environment that allowed women to talk frankly about their concerns and ask questions that were answered by the gynecologists. The women expressed enormous satisfaction and requested the DoH's support for regular cervical cancer screening, HPV vaccinations, and further education talks in the future.

The DoH expresses deep gratitude to PRM through Tibet Fund for funding this awareness program and sincere appreciation to the doctors who presented the talks.

Awareness on Breast Feeding

Dhondenling Van Thiel Charitable Trust Hospital in Kollegal and Tibetan Medical and Astro Institute jointly organized a Mother and Child Health Aware-

ness Camp in July, 2012 that focused specifically on the importance on infant development. Mrs. Tamding Dolma, Tibetan Medical Practitioner, spoke to 237 community members about the benefits of breast feeding, the importance of antenatal care and the effectiveness of vaccinations for the new baby's health.

Oral Health Campaign

Two skilled dentists, Dr. Tenzin Tsewang of DTR Hospital in Mundgod settlement and Dr. Tenzin Chonden of Menlha Hospital in Orissa, assisted by a dental therapist from TsoJhe Hospital in Bylakuppe and community health worker from Menlha Hospital provided oral health education, dental screening, and emergency treatment for 350 individuals. This first ever-dental camp was held in the Tibetan settlements in Central and North East India.

School for Tibetans children with Special Needs

His Holiness the 14th Dalai Lama visited Ngoenga School for Tibetan children with special needs, Dehradun on 14th September, 2012. Additional Secretary, Tsegyal Dranyi represented Department of Health, CTA and welcomed His Holiness with offering of traditional white scarf at the school. After offering of the traditional welcome by students and staffs, school's report has been presented and read by the Director of the school in the hall. The gathering was blessed by His Holiness with his speech and a group photo with students and staffs. His Holiness blessed the prayer wheels and the Peepul tree planted by him in the year 2000. All the students and staffs are fortunate to have the visit of His Holiness the Dalai Lama and visit of Karmapa Rinpoche on 1st September, 2012.

Staff Development Training Program

Our long-standing supporter Latika Roy Foundation has organized training on special education for Ngoenga staffs from March 19 to 30 March, 2012 at Dehradun. The training benefits our staffs in taking proper care of the children with special needs.

Training on Inclusive Education

Special need educator Miss Sonam Yangzom of Ngoenga school and staff Nurse Miss Tenzin Sangmo of Bylakuppe Tso-Jhe Hospital have participated in a three month training on "Master Trainer in inclusive Education" held in Mumbai from 10th Jan to 6th April, 2012. It was organized by ADAPT (National Resource Centre for Inclusion) and was fully funded by Empowering the Vision of Delhi. The training has imparted our staffs in understanding people with special needs from the perspective of Community level and is very helpful in making life easier for those with special needs.

Community Based Rehabilitation Training

Around eleven CBR workers working in Primary Health Centers (PHC) and hospitals have taken part in Community Based Rehabilitation (CBR) training held on 6th August to 25th Aug, 2012 at Mobility India in Bangalore.

Stipend for People with Special Needs and Distribution of Aids and Appliances

Through an ongoing program started in 2003 aimed at reducing the level of dependency on others amongst the people with special needs and elderly, the DoH has provided health aids such as glasses, hearing aids, wheel chairs, lavatory chairs, crutches and prosthetics to Tibetans. This program has also provided stipends for Tibetans with special needs living in India. This year, the program has served 168 people, mainly in Kollegal and Hunsur settlements.

Workshop on Women's Health

Basic health training was given to 75 newly arrived Tibetan women from Tibet from February 13-19, 2012.

Tibetan women living in Tibet often do not have access to basic healthcare services or health education. The dietary and climate changes they experience upon their arrival in India or Nepal increases their vulnerability to illness. To assist these women the DoH in cooperation with the Tibetan Reception Center and with support from both Allopathic and Traditional Tibetan Medicine health practitioners, organized an annual, week-long health information training.

This year, Dr. Sonam Dhondup and Miss Pema Norkyi from the Department of Health, Nurse Karma Dolma from Bir, Miss Tseyang from the Department of Finance and Dr.Sonam Dolma from Tibetan Medical and Astro Institute presented talks on a number of health topics including Reproductive Anatomy and Function, Gynaecologic Illnesses and Preventive Measures, Breast Cancer and Self Examination, Nutrition, Mental Health, Tradition Tibetan Medicine, and Women's Empowerment.

Mental Health Training

Annual Mental Health Training (MHT) was held in May at the prestigious Vidyasagar Institute of Mental Health, Neuro & Allied Sciences (VIMHANS) in Delhi. The one week training program teaches Mental Health Workers new skills for the assessment and treatment of mental health problems in Tibetan community members, orients them to a modern understanding of mental health management, and provides an opportunity for them to discuss with program leaders and fellow participants. The MHT

program's most recent participants, along with other mental health professionals, work to provide compassionate and effective care for Tibetans who live with mental health problems.

International Clinical Tropical MedicineTraining

From January 30 to February 11, 2012, two Medical Officers of the DoH, Dr Lodoe Phuntsok from Mainpat and Dr Tsering Choedon from Bylakuppe attended the Seventh Short Course in Clinical Tropical Medicine held at Infectious Diseases Training & Research Centre (IDTRC), Christian Medical College in Vellore, South India.

Kalon's visit and meeting inside India

October 12-13, 2011-The Health Kalon, Dr.Tsering Wangchuk and Director of the Planning Commission, Dr. Kunchok Tsundue, visited the German Embassy and Micro Insurance Academy in New Delhi to discuss about status of Tibetan Medicare system.

November 21, 2011-The Health Kalon accompanied by former Joint Secretary, Mrs. Tsering Yangkey and

Dr. Sonam Dhondup visited Rajendra Prasad Government Medical College (RPGMC) at Tanda and met the Principal of the college, Dr. Anil Chauhan. The Kalon requested help from the college to address the issue of the shortage of medical doctors in Tibetan community. Kalon also interacted with the Tibetan medical students there and advised them to study hard & serve the Tibetan community after completion of studies.

December 4-9, 2011-The Health Kalon visited Indira Gandhi Medical College (IGMC) at Shimla and met with the Principal, Dr. S. Kaushal, Secretary of the Department of Health and Family Welfare of Government of Himachal Pradesh, Sh.A.R. Rizvi, Director of Medical Education & Research, Dr. J. Shree Sharma, Controller of Medical examination. The Health Kalon expressed sincere gratitute to State Government for alloting two MBBS reserved seats for Tibetan students every year. He also requested

for an increase in MBBS seats for Tibetan students considering the dearth of medical doctors in Tibetan society.

December 14-21, 2011-The Health Kalon, accompanied by Dr. Sonam Dhondup went to Bengaluru and had a meeting with Dr. Raman Reddy, Health Secretary to government of Karnataka to discuss the possibility of providing reserved seats for Tibetan students to study MBBS course in the state and the inclusion of our doctors and nurses in the regular training sessions provided by the Karnataka government to their health staff.

Kalon Dr. Wangchuk also visited St. Johns National Academy of Health Sciences in Bengaluru and met the Director, Dr. Lawrence D'Souza, and Associate

Director, Rev Fr. Glen Mascarenhas and requested them for the provision of reserved seats for Tibetan students to study MBBS and MD at their institute.

The Kalon along with Dr. Sonam Dhondup, medical officers and administrators from four of the DOH's hospitals at Tibetan settlements in Karnataka visited Teleradiology Solution Company and met with Chief Dreamer, Dr. Sunita Maheshwari and Chief enabler, Mr. Ricky Bedi from the company. Kalon and the whole team from the DOH had a thorough observation and discussion on Telemedicine technology at the company.

The Kalon and two medical officers observed live work of Telemedicine clinic at company site.

The Kalon accompanied by Tibetan medical officers also visited Cisco Company (the manufacturer of Telemedicine equipment) to observe live work of Telemedicine technology.

They later visited Health Sprint and met with Managing Director, Mr. P Rammohan, Business Manager, Ms. Ekta Sareen, and the concerned staff to discuss on IT issues of the Tibetan Medicare System (TMS). They also visited Medi Assist Company to further discuss about the network hospital of TMS and met with Head Provider, Dr. Muthana Subbiah Keekira, and Dr. Venkatesh KT, Assistant Manager, Hospital Networking and LCM

January 2-5, 2012-The Health Kalon visited Postgraduate Institute of Medical Education and Research (PGIMER) at Chandigarh and met Director, Dr. Yogesh Chawla to discuss and explore the possibility of Tibetan medical officers under the DOH to do postgraduate courses at PGIMER.

Kalon also went to New Delhi to meet Dr. Neeraj Kulshetra, Addl. DDG of the Central TB Division and requested for continuous TB and MDR TB training for Tibetan doctors and nurses. Kalon later visited the office of International Union against TB and Lung diseases and met its Director, Dr. Sarabjit Singh Chadha.

On his way to Bodh Gaya, he stopped at Patna to meet a group of Italian Tibet friends led by Dr. Raffaella Chionna who is a long supporter for Tibetan health and welfare. Kalon expressed his gratitude to them for helping Tibetan community starting from Bylakuppe to Orissa. On his request, they had also agreed to continue their help to the DOH to improve Tibetan health, particularly in remote Tibetan settlements.

Kalon also met Richard Gere, Long time friend of Tibet. They had a discussion on state of HIV/AIDS in Tibetan Community and Tibetan Medicare system of the DOH.

January 26-28, 2012-Health Kalon accompanied by health staff, Mr. Sonam Topgyal went to Dehradun to visit Ngoenga School and Dekyiling. The Kalon met the children and staff of Ngoenga School to lis-

ten to their grievances and agreed to put their problems on table for discussion in DOH's administrative meeting.

They met the Settlement Officer of Dekyiling and discussed on shortage of drinking water in Lingtsang settlement and the construction of a drainage system in Dekyiling settlement. Kalon also visited Mentsekhang branch clinic at Dekyiling. The Kalon also visited Tsering Dhonden settlement to check severity of the water shortage problem there.

February 19-20, 2012-The Health Kalon went to Delhi to meet Ms. Vanya Lambert, a longtime friend of Tibet and highlighted her about Tibetan health programs and projects.

March 23, 2012-The Kalon attended the 50th year Anniversary of Men Tsee Khang, Dharamsala.

April 15-30, 2012-The Health Kalon, accompanied by Office Superintendent, Karma Namgyal, visited Miao, Tezu, Tenzingang, Bomdila, and Shillong in Northeast India. Kalon gave talks on Kashag's poli-

cies and the programs of the DoH, particularly the Tibetan Medicare System.

At Tezpur, the Health Kalon visited the Baptist Christian Hospital and met its Medical Director, Dr. Koshy C.George. The Kalon requested for bimonthly visiting doctors to Tenzingang clinic and a medical camp in the Tibetan community.

At Tenzigang, The Kalon met Mr. Tenzin Norbo Thongdok, MLA, Principal Advisor to Chief Minister & Parliament Secretary (PWD), Arunachal Pradesh. Kalon spoke about the health problems faced by the Tibetans and appealed for the provision of visiting doctor from Kalakthang to the local Tibetan clinic.

At Bomdila, The Kalon met Dr. R.D. Thongchi, District Tuberculosis Control Officer, and made an appeal for the provision of TB related training for our staff nurses to which the later agreed.

June 27-28, 2012-The Kalon visited Phuntsokling Tibetan settlement and CST School Dalhousie. During a meeting with the Tibetans in the settlement, Kalon spoke on the current situation in Tibet, ex-

plained the Kashag's middle way policy and introduced the new Tibetan Medicare System.

July 04, 2012-The Kalon visited Sherab Gatsel Lobling School and the Reception Center. He spoke on Kashag's policies, all the ongoing health programs of DoH and the importance of Health and Education to the students and staff of Sherab Gatsel Lobling.

June 16, 2012-Health Kalon attended World Blood Donor Day function at Tibet Charity House, Mcleod Ganj.

On the occasion of World Blood Donor Day, Health Kalon graced the formal launch of Tibet Charity Blood Donors Club (TCBDC).

Kalon lauded Tibet Charity for starting TCBDC which he said will help the doctors in saving precious human lives. In line with the global slogan, he said that the blood donors are the real heroes of the society. He said that he has always viewed an NGO like Tibet Charity as partners in the Department of Health's effort to provide better health care and create health awareness among the public. He appreciated Tibet Charity's initiatives such as Animal Care and Anti-Rabies Vaccination Program

Aug 28-7 Sept, 2012-On 28th of August, The Health Kalon along with Additional Secretary Dranyi Tsegyal visited Ladakh to inaugurate the New Primary Health Center at Sonamling Choglamsar built in memory of the great Tibetologist "Fosco Marani" through "Fondo Samaritano Rosalia Radici" and "Africa Tremila" Associazione Italian-Tibet, Ladakh.

He also visited all the 12 camps of Sonamling Settlement and discussed on major problem of drinking water and other health issues in their area. During his stay, he also met Space Geo Tech, Ph.D Dr. L.G Aswathanarayana from Bangalore who is there to scrutinize the condition of drinking water in the settlement. Moreover, Kalon also expressed his gratitude to Claudia & Luciano Mosheni and group from Italy for their tremendous support. Honorable Health Kalon also visited Karnag, Samay, Sumdho, Chumur, Nyoma, Tatsang and Choshul area of Jhangthang and met the settlers to discuss the health problems.

List of Projects Completed in 2011-2012

S No.	Projects	Place	Cost	Donor
1	Garbage Disposal Project	Sonamling, Ladakh	36,990	Contingency Fund
2	Toilet construction, Gyutoe	Dalhousie	129,800	Contingency Fund
3	Toilet Renovation	STS School, Poanta	239,500	Contingency Fund
4	Bathroom and Toilet Construction	Gongkar Choede, Khera, Herbertpur	100,000	Contingency Fund
5	Health Centre Extension project	Sonamling, ladakh	4,202,275	AFT-AI
6	New DVT Hospital	Kollegal, Dhondenling	6,635,200	Vimala Association, Italy
7	Doctor and Executive Secretary Quarter	Kollegal, Dhondenling	1,470,000	NCA
8	Bore well and pipeline Connection	Mundgod, C-6	98,708	PRM-US
9	OHT Construction and pipeline Connection	Chauntra	1,416,545	Bhumang-Chostsok, Taiwan
10	Public Toilet Renovation	Mundgod	219,460	PRM-US
11	Water Management Trainer's Training	Departmental	280,000	SOIR-IM
12	Pipeline extraction and new connection	Gangkyi-Dharamsala	549,049	PRM
13	Repair of filtration Tank	Gangkyi	290,000	PRM
14	Dispensary Renovation	STS, Poanta	895,455	PRM
15	Dispensary Renovation	PHC, Tezu	164,070	PRM
16	Solid and Liquid Bio-medical waste project	Tso-Jhe Hospital, Bylakupee	78,600	Contingency Fund
17	Solid and Liquid Bio-medical waste project	Phende Hospital, Hunsur	65,000	Contingency Fund
18	New water tank at source and pipeline Connection project	Dekyiling	638,442	Trust Fund.
Grand Total			10,873,894	

AFT*-Africa Tremila, AI*-Associazione Italia NCA*-Norwegian Church Aid PRM*-Population, Refugee Migration, US SOIR-IM*-Swedish Organization for Individual Relief

Van Thiel Charitatable Trust Hospital Constructed at DVT Hospital Kollegal, funded by Vimala Association, Italy. Inaugurated on 29th Feb, 2012 by Gaden Tripa and Sikyong as special Guests.

This staff Quarter is funded by Norwegian Church Aid (NCA) Norway and Inaugurated by the settlement officer Mr. Phuntsok Tsering on 28th May 2012 at DVT Hospital, Kollegal.

'Fosco Marani'Primary Health Centre extended at Sonamling, Ladakh and Inaugurated by Health Kalon on 29th of Aug' 2012. Funded by Africa Tremila (AFT) & Associazione Italia (AI).

Toilet renovation in Sambhota School, Paonta.

Paonta settlement officer Mrs. Karma Dolma inaugurating the renovation of Dispencery in Sambhota Tibetan School, Paonta.

Health Programs, Projects & Activities approved under 2012-13 Budget Proposal of Department of Health (TVHA).

A) Machinery Purchase

1. Fridge for Delhi Samyeling Clinic
2. Intercom of DoHealth
3. 2 Sets of Computer for DoHealth
4. One Computer Monitor

B) Renovation

1. Delhi Samyeling Clinic Renovation
2. CST Poanta and Tibetan Settlement Clinic Renovation
3. Tezu Tibetan Settlement Clinic Renovation

C)Public Health Education Program

1. Publication of Health Awareness Program
2. Commemoration of annual Health events recommended by W.H.O
3. Mobile Health Education Campaign

D) HIV/AIDS Preventive & Care

1. Medical Expenses of HIV/AIDS patient
2. HIV Free Testing
3. HIV/AIDS Awareness Program
4. HIV/AIDS counseling course for health staffs
5. Second Meeting of Tibetan People Living with HIV/AIDS
6. HIV/AIDS Documentary Movie

E) Substance Abuse Preventive and Rehabilitation

1. Providing Medical Facilities & Rehabs
2. Awareness Programme
3. Review Meetings

F) Medical Facilities Program

1. Medical Facilities for Staffs, Destitutes
2. Essential Drugs

G) Handicapped and Leprosy Care

1. Stipends for Physically Challenged People
2. Medical Facilities and Stipends for Leprosy Patients
3) Aids and Appliance for Special Need People
4. Community Based Rehabilitation (CBR) Work shop to the Caretakers of Physically Challenged and Elder People

H) Mental Health Care

1. Medical Facilities to Mental Patients
2. Mental Health Training and its Evaluation

I) Health Training

1. Basic Health Training for 60 Newly Arrived Tibetan Women
2.Health Training to the Staffs

J) Mother & Child Health Care and RH

1. Antenatal & Postnatal Care for Pregnant Women
2. Vaccination for Under 5 Children
3. Infant Disability Screening
4. Nutrition and Supplements to Gangkyi Crèche Children
5. Oral Health and Hygiene
6. Mother and Child Health Care Education Program
7. Safe Delivery Practices Training for Health Nurses

K) Tuberculosis Prevention and Control

1. Medical Facilities to all Patients
2. Free TB Screening
3. Nutrition Food to MDR Patients
4. Preventive Measures and Awareness Program
5. TB Monitoring & Evaluation
6. TB & MDR TB Training for Doctors and Nurses
7. Repair & Maintenance of TB Related Equipments
8. Monitoring of TB Data
9. Trainings on TB Data

L) Tibetan Torture Survivors Programme

1. Social Support
2. One Time Settlement Facilities
3. Medical Expenses
4. Maintenance of Equipments of the Torture Section

5.International Torture's Victim's Day
6. Life Skill Trainings to Tortured Women

M) Water and Sanitation

1. Water and Sanitation Project of Tibetan Settlements in India

a) Drinking Water Survey in Ladakh
b) Drinking Water Evaluation in Miao, Tezu, Tenzingang and Ravangla Tibetan Settlements.
c) Drinking Water Tank Construction Project at Rajpur
d) Water tank Construction Project at Dhondupling Tibetan Settlement, Clementown
e) Water Tank Project at Chauntra Tibetan Settlement

2. Annual Water Expenses of Gangkyi Area
3. Daily Wages of Water and Sanitation Personnel
4. Contribution to Tibetan Welfare Office in Dharamsala for Waste & Garbage Truck
5. Water & Sanitation Contingency fund
6. Over Head Tank Construction at Kham Kathok, Sataun
7. Drilling Bore well at Ruthok Monastery, Ladakh

N) Tibetan Medicare System

1. Public Awareness Program
2. Enrollment and Medical claim reimbursement

O) Others

1. Malaria Prevention Program (distribution of free or subsidized insecticide treated nets at Miao and Mainpat)
2. Health Information System and its monitoring and evaluation
3. Tele Medicine Pilot Project at Mainpat and Odisha
4. Recurring Expenses of Department of Health
5. Recurring Expenses of Branch
6. Staff Saving Scheme
7. Annual Audit Fees
8. Staff Gratuity and Honorarium
9. Grant to Tibetan Medical Council

List of Donor in 2011-2012

Department of Health (TVHA) expresses our deep appreciation and thanks to all the donors and volunteers. We would like to request your continued support to achieve our goals.

S NO.	DONOR	COUNTRY	AMOUNT (RS)	PURPOSE
1	AET	France	109,495	Ngoega School
2	Africa Treimila	Italy	648,776	Ladakh Hospital Construction
3	Air France Foundation Via AET	France	211,536	Ngoenga School
4	Alan Merrick	England	10,000	Ngoenga School
5	Association Free Tibetan Chilldhood	France	9,563	Ngoenga School
			11,136	Ngoenga School
6	Africa Treimila-Associazione Italia Tibet	Italy	650,582	Ladakh Hospital Construction
			693,864	Ladakh Hospital Construction
			1,382,775	Ladakh Hospital Construction
7	Elizebeth (Late)	England	5,000	Ngoenga School
8	Hannah Miller (Emory University)	USA	4,000	Tibetan Medicare System
9	Hokkaido Friend of Tibet	Japan	198,200	Ngoenga School
10	Hsueh Huei Lan	Taiwan	1,360,481	Chuantra Water Tank

S NO.	DONOR	COUNTRY	AMOUNT (RS)	PURPOSE
11	Ida Van Gulik	Belgium	69,000	Ngoenga School
12	Izabella Pawlak	Poland	2,700	TMS for Ngoenga Children
13	John Hopskin University	USA	71,940	T.B Reach Project
14	Lhakpa Sigrist	Swiss	60,000	Ngoenga School
15	BMZ/Malteser International	Germany	2,450,500	Tibetan Medicare System
16	Ms Mirva Jaatenin	Finland	27,470	Ngoenga School
17	Norwegian Church Aid/ SARD	Norway	578,899	Kollegal Hospital Doctor Quarter
			969,956	HIV/AIDS
			220,000	Substance Abuse Control
18	Provincia Autonoma Di Trento	Italy	3,448,527	Telemedicine Project
19	Shenphen Tibet Aid	Norway	126,880	CHW Salary
			407,680	Emergency Medical Relief Fund
20	SOIR IM	Sweden	822,625	HIV & AIDS Expences
			450,000	Water and Sanitation
			220,000	Health Education
21	PRM, Gere Foundation & Tibet Fund	USA	883,950.15	Health Information System
22	PRM/Tibet Fund/SARD	USA	4,432,393.25	CHW Salary
			4,236,911.25	Water and Sanitation
			9,799,990.75	Emergency Medical Relief Fund
			1,622,835	Essential Drugs
			1,956,585	Mother & Child Health Care
			182,430	Health Education
			210,015	Ngoenga School
			2,118,215	Handicapped & Disabled
			6,002,280	T.B Control Program
			101,880	Health Related Training
			166,995	Tibetan Medicare System
			798,030	Ambulance Fund
			150,000	HIV & AIDS Expences
23	Sticco Antonio	Italy	22,190	Ngoenga School
24	Tibet Center, Chicago	USA	743,808	Tibetan Medicare System
25	Tibet Friendship Australia	Australia	43,780	Tibetan Torture Survival Program
26	Tibet Fund	USA	360,762	Ngoenga School
27	Tibet House Trust	England	232,611	Ngoenga School
28	Mimilitton Via Tibet London Trust	England	1,292,845	Recurring Expenditure of Miao, Tezu, Tuting
	Tibet Relief Fund	England	100,739	CHW Salary
29			275,884	Ngoenga School
30	Toserve Via Frances May	USA	47,323	Ngoenga School

S NO.	DONOR	COUNTRY	AMOUNT (RS)	PURPOSE
31	Tsamchoe	USA	5,490	Ngoenga School
32	Camelia Foundation	England	72,031	Telemedicine Clinic Project at Mainpat and Odisha
33	Tsetan Dolkar	USA	4,940	Tibetan Medicare System
34	Tsetan Gawa	Nepal	40,000	Ngoenga School
35	US Aid	USA	3,622,980	Tibetan Torture Survival Program
36	Ven Kalsang Damdol	India	1,00,000	Ngoenga School
37	Tibet Friendship Group	Australia	1,33,700	Tibetan Torture Survivor
38	Vimala Association	Italy	204,807	Kollegal Hospital's Furnitures
			891,529	Tso Jhe Hospital
			1,137,440	Hunsur Hospital
			853,080	Ngoenga School
			363,112	Kollegal Hospital
39	Yeshi Norbu	Italy	2,461,164	Ngoenga School
40	Associazione Italia Tibet	Italy	2,70,316	Torture Victim
41	Prof. Fosco Marani	Italy	68,000	Purchase of Equipment for Ladakh Hospital
42	Gaden Tripa (DREPUNG)	India	30,000	Inauguration Ceremony of New DVT Hospital, Kollegal
GRAND TOTAL			61,262,626.4	

List of in kind Donation from September 2011 to August 2012.

Department of Health

Donor	Equipments	Places
Polpharma Company through Yeshi Sangpo Lhosar, MD	Manual BP measuring machine, Automatic BP measuring machine, Accuchek Glucometer set, Tech med adult Stethoscope, Fingertip Pulse Oxymeter, Otoscope, Tongue Depressor, Digital Thermometer, Portable weight machine	Poland

Primary Health Center, Mainpat

Donor	Equipments	Places
Steve Doyle	Solar Electric System	Australia
Tsori Monastery	Kent Water Purifier System, Door & Window at Health Centre	India
Humanitarian Effort Reach Out (Hero)	Medicines, Cardiac Monitor, Defibrillator, UPS, Refrigerator, laptop, Centrifuge & Microscope	USA

DVT Hospital, Kollegal

Donor	Equipments	Places
Taipei University Service Overseas	Dental Equipments	Taiwan
Dr. Gianni Chiarelli & Mr Vego Anato	Minor Surgery Equipments & Medicines	Italy
Mr. Mauro Scibetta	Hospital Patient Beds & AC in Eye Theatre	Italy
Dr. Michelle	Laboratory Equipments	Italy

DTR Hospital, Mundgod		
Donor	Equipments	Places
The Initiative Oberland, Germany	Mass Eye Operation, Medicines, Vaccinations & Equipments, New TB Ward, Construction of New Kitchen, Hospital Renovation, etc.,	Via Sakya Monastery

Primary Health Center, Bir		
Donor	Equipment	Places
Dr Gomes & her Friends	Stethescope (New), Spirit Lamp, B.P plug counlet, B.P Aiwlet S.L, Ear Tracer, B.P Clot, B.P Apparatus, Dopppler (Fetal), Needle Cutter, Thermometer glass, Armsling, Mucus extractor, Scissors, Heating Pad, Mebulises, ENT Set, B.P Diab. Portable, Height Measuring, Tray (Steal), WT Machine	Australia

TSO JHE Hospital, Bylakuppe		
Donor	Equipment	Places
Coorg Institute of Dental Science, Virajpet(CIDS)	Free Dental Service support to Tibetan Refugee settlement, Bylakuppe.	India

Staff update in Sept 2011 to Sept 2012

New Staff Appointment

S.No	Name	Designation	New appointment (DoA)	Transferred (From)
1	Shosur Sonam Choephel	Secretary	12/03/2012	TIPA
2	Thutop Namgyal	Joint Secretary	31/07/2012	Audit
3	Namgyal Gendun	Under Secretary	18/08/2012	Kollegal settlement
4	Tashi Yangzom	Office Superintendent	16/07/2012	Education
5	Sonam Dolma	Office Superintendent	19/07/2012	Religion
6	Tenzin Dolker	Office Assistant	05/07/2012	Education

Transferred :

S.no	Name	Designation	Date of Transferred
1	Phasur Wangchuk	Secretary	05/03/2012
2	Topgyal Tsering	Additional Secretary	01/03/2012
3	Tsering Yangkyi	Joint Secretary	01/05/2012

Promoted & Transferred :

S.no	Name	Designation	Date of Transferred
1	Tenzin Igyen	Under Secretary	01/06/2012
2	Namgyal Dhondup	Office Superintendent	10/08/2012
3	Tsering Choezom	Section Officer	17/07/2012
4	Tenzin Dazie	Section Officer	13/07/2012
5	Tsering Choedon	Section Officer	16/07/2012
6	Lobsang Dhargye	Office Assistance	10/08/2012

Staff updates from 1st Sep 2011 to 31 Sept 2012, TVHA

New Appointment

S.No	Name of Staff	Designation	Hospital/Places	D.O.A
1	Tenzin Norzom	Opthalmic Tech.	DVT Hospital, Kollegal	03/10/2011
2	Sonam	Accountant	Menlha Hospital	11/10/2012
3	Sonam Lhamo	Accountant	TPHC, Bir	16/11/2011
4	Tenzin Tsundue	Accountant	Ngoenga School, Dehradun	17/10/2011
5	Chungdak	Accountant	TPHC, Mainpat	01/06/2012
6	Tsering	Executive Secretary	Miao Health Center	19/08/2012
7	Tenzin Choenyi	Accountant	Menlha Hospital,Odisha	20/08/2012

Contract staff:

S.No.	Name	Designation	Place	From	To
1	Tenzin Yangdon	Staff Nurse	Tso-Jhe Khangsar Hospital, Bylakuppe	10/10/2011	09/10/2012
2	Kelsang Chodon	Staff Nurse	Health Centre, Miao	10/04/2012	09/04/2013
3	Karma Dolma	Staff Nurse	TPHC, Bir	01/01/2012	30/09/2012
4	Tsewang Gyurmey	Driver	TPHC, Ladakh	16/04/2012	15/04/2012
5	Drukpa Dorjee	Accountant	TPHC, Ladakh	18/04/2012	17/04/2017
6	Tashi Dhondup	Sweeper	TPHC, Mainpat	01/02/2012	31/01/2012
7	Choney Dolma	Staff Nurse	Tenzingang Clinic	01/05/2012	31/03/2013
8	Tenzin Gelek	Lab Technician	Norgyeling Health Centre, Bandara	15/09/2012	14/09/2012
9	Phuntsok Namgyal	Physiotherapist	Ngoenga School, Dehradun	02/07/2012	01/07/2013

Resignation:

S.No.	Name	Designation	Hospital/places	Date of Resignation	Remarks
1	Kunchok Rinchen	Asst. Physiotherapist	Ngoenga School, Dehradun	29/09/2011	
2	Dr.Tsering Wangchuk	Medical Officer	Tso-Jhe Khangsar Hospital,Bylakuppe	16/09/2011	
3	Phuntsok Namgyal	Physiotherapist	TPHC, Bir	19/09/2011	contract expired
4	Ramathunissa	Pharmacist	Phende Hospital, Hunsur	30/10/2011	contract expired
5	Sonam Tsomo	Staff Nurse	Phende Hospital, Hunsur	01/12/2011	
6	Paldon	Watchman	Tso-Jhe Khangsar Hospital,Bylakuppe	31/12/2011	contract expired
7	Demey Tseten	CHW	Tso-Jhe Khangsar Hospital,Bylakuppe	29/02/2012	
8	Tenzin Choedon	Off.Sec/Cashier	Phende Hospital, Hunsur	28/03/2012	
9	Tenzin Wangyal	Accountant	D.T.R Hospital, Mundgod	23/05/2012	
10	Ngawang Dolma	Off.Sec/Cashier	D.T.R Hospital, Mundgod	31/05/2012	
11	Dr. Tenzin Chodhen	Dental Doctor	Menlha Hospital, Odisha	22/06/2012	
12	Phurbu Tsering	Accountant	Tso Jhe Khangsar ,Bylakuppe	23/06/2012	
13	Tenzin Phuntsok	Driver	Menlha Hospital, Odisha	01/08/2012	

Retirement extension:

S.No.	Name	Designation	Hospital/ Places	From	To
1	Choenam	CHW	Tso-Jhe Khangsar Hospital, Bylakuppe	01/09/2012	30/08/2013
2	Pema Norbu	CHW	TPHC Mainpat	01/09/2012	30/08/2013

Automatically terminated staff:

S.No.	Name	Designation	Hospital/ Places	Date of termination	To
1	Tsering Dorjee	Accountant	TPHC, Bir	01/11/2011	30/08/2013
2	Nyima Tsering	Dental Therapist	Tso-Jhe Khangsar Hospital, Bylakuppe	21/04/2012	30/08/2013

Transferred :

S.no.	Name	Designation	From	To	Dated
1	Tsering Wangmo	Staff Nurse	Menlha Hospital, Odisha	Phende Hospital, Hunsur	01/01/2012
2	Tsering Yangkyi	Staff Nurse	TPHC Mainpat	TPHC, Dekyiling	11/06/2012
3	Sonam Lhamo	Accountant	TPHC,Bir	Phende Hospital, Hunsur	11/06/2012
4	Dorjee Dolma	Accountant	TPHC, Mainpat	D.T.R Hospital	11/06/2012
5	Lobsang Tsomo	Accountant	Phende Hospital, Hunsur	TPHC, Dekyiling	22/06/2012
6	Karma Dolma	Accountant	TPHC, Dekyiling	TPHC, Bir	27/06/2012
7	Sonam	Accountant	Menlha Hospital, Odisha	Tso-Jhe Khangsar, Bylakuppe	15/06/2012
8	Tenzin Nordon	Staff Nurse	Tenzingang Health Centre	TPHC Mainpat	01/06/2012
9	Tenzin Tsewang	Dental Therapist	DVT Hospital, Kollegal	Tso-Jhe Khangsar, Bylakuppe	13/07/2012
10	Norbu Lodoe	Dental Therapist	PHC, Delhi	Menlha Hospital, Orrisa	18/09/2012
11	Dr. Lodoe Phuntsok	Medical Officer	TPH, Mainpat	TPHC, Dekyiling	01/09/2012
12	Dawa Tashi	Executive Secretery	THC, Bandara	TPHC, Dekyiling	10/09/2012
13	Migmar Tashi	Executive Secretery	TPHC, Dekyiling	Dept of Health	17/09/2012

Tibet Corps, Volunteer

Name	Designation	Place	Duration
Tenzin Jigme	Physiotherapist	Tso Jhe Hospital, Bylakuppe	16/07/2012 to 15/10/2012

Volunteer desk

S.No.	Qualification	Places	Duration
1	Medical Doctors, Dentists & Registered Nurse (BSc & GNM)	Head Office (DoH), Tibetan Settlement Hospitals in India and Nepal	3 - 6 months
2	Physiotherapist	Ngoenga School, Hospitals at Mundgod, Kollegal, Ladakh and Odisha	3 - 6 months
3	Public Health Graduates	Head Office (DoH), Tibetan Settlement Hospitals in India and Nepal	3 - 6 months
4	Occupational Therapist	Ngoenga School, Tibetan Children with special needs, Dehradun	3 - 6 months
5	Speech Therapist		

HOW YOU CAN HELP

Central Tibetan Administration's Department of Health (Tibetan Voluntary Health Association) works to improve the health of Tibetan refugee in India, Nepal and Bhutan.

List of Health Programs and Projects of Department of Health (Tibetan Voluntary Health Association) on which you can help.

1. Health Information System
2. Water and Sanitation Program
3. Health Education Program
4. Health Resource Development Program
5. Tibetan Medicare System
6. Mother and Child Health Program
7. TB and MDR TB Prevention and Control Program
8. Integration of Tibetan Sowa Rigpa Medicine and Western Medicine Program
9. Ngoenga School for Tibetan Children with Special Needs
10. Health and Medical Training Program
11. Hepatitis B Prevention and Control Program
12. HIV/AIDS Prevention and Care Program
13. Substance Abuse Prevention and Rehabilitation Program
14. Oral Health and Hygiene Program
15. Eye health program including Cataract screening and Surgery
16. Medicare and Welfare of Tibetan Torture Survivors Program (TTSP)
17. Mental Health Program
18. Care of Tibetan People with Disability
19. Telemedicine Clinic Pilot Project
20. Cancer and Chronic Disease Prevention and Control Program
21. Essential Drugs and Ambulance Fund
22. Emergency Medical Fund for people below poverty line in India, Nepal and Bhutan
23. School Health Program
24. Women's Health Program
25. Malaria Prevention and Control Program
26. Corpus Fund
27. General Donation Fund

Please make donation by cheque/bank draft/IMO payable to Tibetan Voluntary Health Association towards any of the Projects above.

Bank Detail

A/c Holder - TVHA
A/c Number - 11510100000519
United Commercial Bank (UCO)
Gangchen Kyishong
Dharamsala-17621
Distt. Kangra (H.P), INDIA

SWIFT CODE - UCBAINBB002
PAN - AAATT1509K
TAN - PTLT10935B
IFSC - UCBA0002059

www.tibet.net/health
Health@tibet.net

You can also support urgent health Projects of Department of Health mentioned below

1. Purchase of six ambulances; one each for hospitals and health centers at Tenzigang, Miao, Bhandara,Orissa, Kollegal, Bylakuppe
2. Purchase of ten life saving Oxygen Concentrators for hospitals and health centers
3. Purchase of Hematology Analyzer at DTR, Mundgod and Tsojhe Khangsar hospital at Bylakuppe
4. Renovation of Primary Clinic at Ladakh changthang at Sumdho
5. Puchase of physiotherapy equipments and rehabilitation devices for Ngoenga School for Tibetan children with special needs
6. Construction of New Doctor and hospital administrator's quarter at Miao
7. Building of 300 Composite toilets for 300 poorest of poor families at Sonamling Tibetan settlement at Leh and nomadic areas in Ladakh
8. Construction of New Doctor and hospital administrator's quarter at Gurupura,Hunsur
9. Purchase of three 50 KV Power backup Generators for hospitals
10. Construction of fully equipped dental Clinic at Miao
11. Drinking water project at Tibetan Sonamling Settlements in Ladakh
    a. Zone 1 - Camp 6, 7, 8, 9 (2013-2014)
    b. Zone 1 - Camp 1,2,3,4 (2014-2015)
    c. Zone 3 - Camp 12, 4, 5, 10 (2015-2016)
12. Purchase of five Digital X ray machines and processors

Contact

If you can and wishes to support any of these projects and would like to have more detailed information and proposals, kindly do write to us at our email address:

To

Planning and Project officer
Department of Health, CTA
Tibetan Voluntary Health Association

health@tibet.net
healthjointsec@tibet.net

Thank you!

HH Dalai Lama visits Ngoenga School

Opening ceremony of Kollegal Doctor Quarter

Out-patient in Norgyeling Health Center

Mr Tsering, New Excutive Secretary of PHC, Miao

Local patient, Bir

Hand washing day, Poanta

Health Talk at Kollegal

A new GeneXpert machine at Mundgod

FAREWELL!!!
The Department of Health Bid Adieu to Outgoing Staff

The Health Department hosted a memorable farewell gathering for staff members who were transferred and promoted; Phasur Wangchuk, Topgyal Tsering, Tsering Yangkyi, Tenzin Ignyen Namgyal Dhondup, Tsering Choezom, Tenzin Dazai, Tsering Choedon, Tenzin Kunchok and Lobsang Dhargye.

Phasur Wangchuk & Topgyal Tsering

Namgyal Dhondup, Tsering Choezom, Tenzin Dazei, Tsering Choedon, Tenzin Kunchok and Lobsang Dhargye

Tsering Yangkyi

Tenzin Ignyen & two volunteer staff Tenzin Sonam and Natalie Sparrow from USA

Department of Health,CTA Gangchen Kyishong
Dharamshala Distt. Kangra, HP 176215 INDIA