

CTRC Update



About CTRC

His Holiness the Dalai Lama's Central Tibetan Relief Committee, the relief wing of the Department of Home, Central Tibetan Administration is a legally registered Charitable and development organisation working mainly for the welfare and sustainable socio-economic development of the Tibetan exile community particular those living in India, Nepal and Butan.

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Newsletter of H H the Dalai Lama's Central Tibetan Relief Committee



CTRC at India Organic 2006, Bangalore:-



Tibetan participants in India Organic 2006, Bangalore

CTRC - COSPE Project organised the participation of settlement officers, Cooperative Society Presidents, Secretaries and Agriculture Extension Officers totaling 52 people at India Organic 2006 Trade Fair and Congress held in Bangalore from 9th to 12th November 2006. Mr. Ngodup Dorjee, Additional Secretary and Mr. Chime Rigzin, Joint Secretary from Home Department (CTRC) also participated.

India Organic 2006 Trade Fair and Congress has opened up the opportunities of information on organic product marketing linkages, services to everyone involved with organic agriculture. This Trade Fair and Congress has provided a lot of new contacts for the marketing of organic products from the Tibetan settlements, specially from model organic settlement Dhondenling at Kollegal.

AEO training, Bylakuppe :

CTRC -COSPE Project also organised a training programme for AEOs on Internal Control System of organic products for obtaining the Organic Certification. The training was conducted at Tibetan Farm Project, Bylakuppe. The Tibetan participants has gained a lot of new information on organic farming and marketing possibilities which are of immense importance to the present situation of the Tibetan agriculture settlements.

CTRC-COSPE Coordinator visits Arunachal Pradesh state:

Director of the Development Cooperation of the Italian Embassy in New Delhi Dr. Ceci Anna Maria , CTRC -COSPE Project Coordinators Paolo Mori and Dhundup Tsering visited the three settlements in Arunachal Pradesh in December 2006 to inspect the project activities and to plan for if any changes required.

Activities carried out by CTCR

Irrigation canal for Doegul Yougyaling



Irrigation Canal Project for Doegul Yougyaling Settlement funded by the Tibet Fund, was successfully completed in November 2006. The total budget of this project is 150,000/- The canal will be used for irrigation of the fields at Lakhawala during Rabi season for 61 families.

Checkdam at Nyoma Camp at Jangthang, Ladakh

Construction of checkdam at Nyoma Camp at Jangthang, Ladakh was also completed in November 2006. The Project was funded by Tibet Fund, NY. The check dam will store and release water for irrigation of the farm land of Nyoma Camp which consists of 180 families. The total budget of this project is 98,000/-.

Green House construction and vegetable cultivation Project at Sonada



Green House construction and vegetable cultivation Project at Sonada was also successfully completed. 19 Green Houses were constructed and varieties of vegetables are being cultivated and supplied to schools and hospitals in the area. There is no marketing problem of the vegetables. The total budget of this project is 3,98,000/-

Construction of Provisional Store, Tashiling, Pandoh



Newly constructed provisional store, Pandoh

This project aims to provide daily necessity like wheat, rice, pulses, and sugar at fair price prevailing in the market. It further helps to serve and fulfill all daily requirements within the settlement and generate income for the settlement that could in turn use for the welfare of the settlers. The project is now completed with much success and the residents of Tashiling Tibetan Settlements are very grateful to the Tibet Fund for its financial support, without which this beautiful and settler's friendly shop couldn't be constructed. The total budget of this project is Rs. 310,000/

Organic Agriculture Projects:



Tibetan farmers visits local organic practitioners

More than 25 organic agriculture related projects are being implemented in the various Tibetan settlements in India to improve the organic agriculture, horticulture, animal husbandry system and improvement of soil and water conservation in the settlements.

8th batch of Agriculture Training to Israel:

45 Young Tibetans, from Tibetan settlements in Sonamling/ Ladakh, Phuntsokling/Orissa, Phendeling/Mainpat and Norgayling/Bhandara left for Arava International Center for Agriculture Training in October, 06 for 11 month on the job agriculture training in Israel. This program was started in 1998 by the Israeli Friends of Tibetan People and Arava Development Company at the request of Central Tibetan Administration.

Activities carried out by CTRC

Bridge reconstruction at Khasoda, Phuntsokling Tibetan settlement, Orissa.



This bridge way at Khasoda was constructed at Phuntsokling Tibetan settlement, Orissa. The agricultural land holdings of the settlers of Phuntsokling settlement is located at Khasoda where road is in critical condition. During rainy season, the road becomes excessive muddy; making it almost impossible for the settlers to pass through. Being Tibetan refugees, the settlers have very limited access to the state governmental aid and other non-governmental resources for development. Thus, the bridge way is aimed to ease the settlers in commuting and transporting their agricultural products to settlement and for market. Now that the bridge way was constructed and people use it at their optimum level and they are happy for it. The residents are so grateful to the Tibet Fund for the philanthropic contribution. The total budget of this project is 239,723/-

Youth Empowerment Support (YES)

Workshop on conflict resolution at (ISTL), Nelamangla:

At the request of CTRC a workshop on conflict resolution were also provided at ISTL, Nelamanglam from 11th to 15th December 2006. A group of professionals were invited from Tibetan Centre for Conflict Resolution (TCCR) at Dharamsala affiliated to Conflict Resolution Center, Denmark. The major emphasis were given on the ways for avoiding the personal and mental conflicts from the beginning and resolving the conflicts if arises, rooting out the problems, cooperation, and communication skills.

Catholic Relief Service (CRS) Program Approval for FY'07

Programs	Recipient Levels	Months of Operation	Bulgur /Kg Per Beneficiary	Total Requirements	Oil/Ltr. Per Beneficiary	Total Requirements
ECDC	1300	11	1	14300	0.3	4290
PSP	1342	9	3.5	42273	0.6	7246.8
BP	7446	11	6	491436	0.6	49143.6
IHC	2944	12	4.5	158976	0.6	21196.8
Total	13032		(bags)	706985 (14139.7)	(Pails)	81877.2 (4093.86)

Counselling at [ISTL], Nelamangala, Bangalore :

A career counselor from South Zone Guidance & Counseling Cell located at the Mundgod settlement was invited to the Institute for Small Trade Learning for career counselling to the trainees. The counseling was done from 4:00 PM to 9:30 PM on 6th and 7th December, 2006, in two groups on the major topics like importance of vocational/skill training and its scope, Personal Attitudes and Self-belief, Goal setting, Self-understanding, Overcoming shyness, Criticism and Maintenance of discipline. Besides the group discussions and presentation on Drug Addiction, the Documentary film were also shown on this particular subject. This counseling and guidance has received very good response from the trainees.

SKILL TRAINING:

29 youths have been undergoing skill training from previous years, and 68 new trainees are selected in October 2006 for training in different trades, as mentioned below, at the Institute for Small Trade Learning [ISTL], Nelamangala, Bangalor

SN	TRADE	Gender		Total trainees	Training Duration (months)
		Male	Female		
1	Hairdressing	9	9	18	6
2	Beautician	0	13	13	6
3	Motor Mechanic & Driving	12	0	12	6
4	Mobile Repair & Maintenance	7	0	7	3
5	Electrician	1	0	1	6
6	Organic Farming	2	0	2	3
7	Computer Software	3	1	4	6
8	Computer Hardware & Networking	4	0	4	6
9	Computer Multimedia	4	2	6	6
10	Computer M.C.S.E.	1	0	1	6
Continuing trainees from previous year					
1	Tailoring	1	14	15	18
2	Carpentry	0	8	8	18
3	Modern Oil Painting	2	0	2	48
4	Traditional Thangka Painting	3	0	3	60
5	Wireman/Electrician	1	0	1	24
TOTALS		50	47	97	



Sponsorship Program:

Brief Life history of elder Lobsang Tenzin:

Lobsang Tenzin was born in the year 1938 at Molachoe Village of Lethang region in Tibet as son of the Village-headman (called as Karnak Poenpo). His parents were farmer and content with their lives before the Chinese invasion. During the invasion of the Lethang region, his father being the head of the Molachoe village led procession against the invasion. Since the Chinese troops outnumbered the villagers in manpower and weapons, they were successful in the Occupation of the Lethang region and subsequently the whole of Tibet. His father having played a major role in the protest suffered a lot under the Chinese.

His father was tortured and humiliated continuously for more than 5 days, finally unable to bear the inhuman tortures, he committed suicide by jumping into the Lethang Lechoe River one night. His mother passed away at the age of 34 with trauma of losing her husband and hardship they faced during and after the death of her husband.

Therefore, after enduring a harsh full 6 years, he decided to leave his hometown and headed towards Lhasa but he was allowed only after handing over all his wealth and possessions to the Chinese government in mortgage.



In Lhasa, he first worked in one of the Chinese construction company for three months but was later dismissed without pay from his work after they came to know of his family background. Then, he worked as a gatekeeper for eight years and later on as night watchman at one of the Chinese office for 11 years with a meagre pay of 400 Yuan per month while his Chinese counterpart was paid 800 Yuan per month. His income was very low and he had to manage his livelihood in a very limited way. Still he stayed on with a flicker of hope that soon the situation will change for better.

As he grew older with each passing year, he began to fear that he might breathe his last without getting the opportunity of a blessing from His Holiness the Dalai Lama. So, he ultimately decided to come into exile with a hope that he will be able to receive an audience with His Holiness and that the exile Tibetan Government will take care of him.

Later, in the month of December, 2005 he escaped from Lhasa to Nepal through Shi tse, Sakya, Dhingri by vehicle and from there, continued his arduous journey on foot fighting great hurdles and fatigue. He made all his journey during the night to avoid suspicion from Chinese border Security. He finally reached Solu khumbu, Nepal and it took him 13 days from there to reach Tibetan Refugee Reception Office at Kathmandu, Nepal.

Being single, illiterate and old age, it was hard for him to earn his living in exile. And therefore, he was admitted in Jampaling Old People's Home, Dharamshala on 1st November 2006 where everything is taken care of by the exile Tibetan Government.

He is now very happy and contented with his life at the Old People's Home and genuinely feels that there is no better place to live than this. Everyone is served with nutritious food and all the facilities such as healthcare and other necessities are freely provided. Every morning and afternoon, he would offer prayers for an hour with other residents at the OPH dormitory besides spending most of the other time circumambulating the Tsuk-Lak-Khang monastery. Since his health is quite fine, he would do all the work assigned to him especially in the area of cleanliness.

His sponsorship money helps him in meeting all the necessities and he wants to express his appreciation and heartfelt thanks to his sponsor for being so helpful and kind-hearted and that they are always remembered in his daily prayers. He adds that he had been through lots of hardships more than half of his life but he is now living and enjoying every moment of his life by the grace of H.H and Tibetan Government in exile. He still hopes and prays to take his last breath in the genuine autonomous region of Tibet.

Profile of Jampaling Old People Home, Dharamsala:-

Background:

Under the CTRC's Old People Home and Sponsorship Program, Jampaling Old People's Home at Dharamshala was established in 1991 on a plot of land at Lhagyal Ri (behind the main temple of H. H. the Dalai Lama). Initially Jampaling Old People's Home was set up to accommodate 75 elders. In April 2000 to adjust with increasing number of destitute elders for admission the existing home were extend on to the adjacent area with the funding from Dr. Claus Peter Bach through German Aid to Tibetans, Germany. The newly extended building further accomodate 75 more elderly person. In year 2001, a partition was made in the television hall to accomodate 5 more elders. At present, this home is taking care of total of 156 elderly and the resident elders feels themselves very lucky and blessed due to the proximity of their home to the residence of His Holiness the Dalai Lama. There are two blocks for residence (Red coloured block and Yellow coloured block) with three floors on each block. The Red block has 52 rooms and the Yellow block has 36 rooms for elderly residence. Besides the residence block, they have dormitory, a Kitchen and OPH Clinic as one block with two floors, an Office and Staff quarters.



Location: Jampaling Home is about 15 minutes walking distance from the main temple of H.H. the Dalai Lama and around 30 minutes walking distance from main market of McLeod ganj, Dharamsala.

General routines of elders at the OPH: The morning mass prayers from 7 am to 8am and afternoon from 2pm to 3 pm at the OPH prayer hall. During their leisure time like most of the typical Tibetan elders they dedicate their major times on reciting prayers and circumambulating the main temple and lingkhor (greater circumambulation), on other time they like playing games, washing and cleaining their rooms etc. In the evening from 6pm to 8 pm they watch television and mostly prefer the local cable network channel which telecast all the recorded teaching by His Holiness and Tibetan gathering at Dharamsala. Every Monday morning, all the able residents together do clean up the surrounding of their home.

Facilities at the OPH: There are 13 staff members employed at the Old People Home assigned with different duties to look after the needs and the welfare of the residents. Each staffs were assigned with particular duties like stocks-in charge, nurse, health worker, care taker, cook, sweeper and driver etc. At home we provide with free medical care, clean and hygienic accomadation, nutrities meals and pocket money of Rs. 75/- to every elders.

Current needs and problems:

1. Funds needed to buy new mattresses to replace the old and damaged ones.
2. Funds needed for the renovation of the old water tank or for purchasing a large new water storage tank.

Staff updates:

Mr. Losbsang Tsering, Project Officer for the Irish fund Project has left the job after his contract expired and we wish him a succesgsf ul career in future.

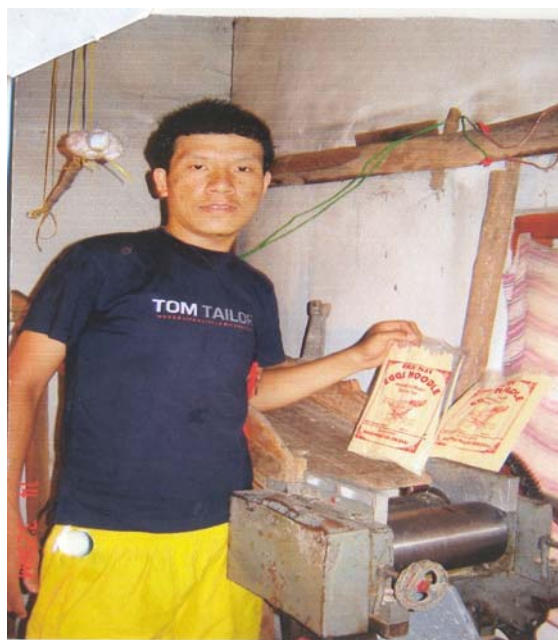
Ms. Tashi Yangzom has been appointed the new Project Officer for Irish Project for North Eastern Settlements and CTRC welcome her to this Department and wish her to be a successful Project Officer.

CTRC REVOLVING LOAN FUND SCHEME:

SUCCESS STORY - Case Study

Name: Kunsang Gyurmey (23 yrs)
Enterprise: Noodle Manufacturing
Settlement: Phuntsokling, Orissa State.

Kunsang Gyurmey is the one of the many Tibetan youths suffering from poverty and being benefited out of the CTRCs soft loan programme under the YES. He is one of the five children of his parents. His mother has been suffering from continuous health problem and his younger sister is a physically bit challenged. The only source of the income for the family is petty agriculture and its hard for them to sustain all his family only agriculture. He was inspired by the CTRC's soft loan programme and started micro-enterprise of noodle manufacturing, within his settlement, with start-up soft loan of Rs. 36,000/- from Youth Empowerment Support programme of CTRC in 2001. Today he has already cleared the loan amount in 4 years as per the repayment schedule of CTRC and he is one of the only two noodle manufacturers in his settlement. Therefore, his noodle has a good demand from the people, and he earns more than Rs. 2000/- per month. His family is equally involved in his noodle manufacturing works and he is looking forward to expanding his noodle business.



Visit to ISTL, Nelamanglam, Bangalore,

After the Youth Conference at Panchgani from October 16 to October 23, 2006 Mr. Tsering Choephel, Employment officer of CTRC also paid visit to ISLT, Nelamangla, Bangalore with South Zone Representative. He discussed on enhancing the effectiveness of employment program at ISTL with the Administrator and Placement/Training Co-ordinator. He also conducted the "Motivational Workshop" and hold one-on-one informal discussion with the trainees to understand the needs, aspiration and priorities of the trainees. He also visits different training academies like Jetking, Arena Multimedia, Beautician Academy, and Hair styling Academy etc at Bangalore to monitor the youth in training class and also held discussion with faculties, directors of each academies about the employability of youth and other placement prospects after completion of training.

CTRC's visitors:-

Sr.no.	Date	Visitor's name	Organization
1.	17/10/2006	Lakha Rinpoche, Chairman	Tibet Charity, Denmark
2.	19/10/2006	Ida Van Gulik Bruin, Chairperson	ECH Eversdijk Smulders Stichting, The Netherland.
2.	1/11/2006	Dr. Mr. & Mrs. Elisabeth Zimmermann Ms. Kathrin Muellner & Groups	Save Tibet, Austria
2.	10/11/2006	Mr. Rolf Olsson, Chairman	Tibet Charity Sweden and Denmark
3.	1/12/2006	Susan, Robyn, Michael Lemle, Mickey and Rinchen Dharlo. Board Members of Tibet Fund.	Tibet Fund, U.S.A
4.	7/12/2006	Ms. Sofia Olsson, Board Member, Mr. Bo. Paulsson, General Secretary, Mr. Michael Fagerberg, International Director, Mr. Janusz Lipinski, Desk Officer SOIR-IM from Sweden, Mr. Wangchuk Gyampo, Area Director and Guru Nyima Project Officer SOIR-IM India and Nepal.	SOIR-IM
4.	30/12/2006	Dr. Rajesh Kumar, Senior Executive Programmer	Help Age India,

Settlement Profile.

Dhoeguling Tibetan Settlement, Mundgod, Karnataka



Cooperative Office building, Mundgod

Introduction:

This settlement is one of the settlement proposed by Central Tibetan Administration in early 1960's to the Government of India. Thus Government of India consultation with the state Government of Karnataka agreed to provide 4,000 acres of mostly forestland near Taluk village in North Kanara district. Doeguling Tibetan Settlement in Mundgod was established in 1966 and at the beginning the settlers were provided with tents and bamboo huts for temporary shelter and provided with free dry rations, all the settlers work together on co-operative basis.

Settlement location:

This settlement is situated in Tattihalli in Mundgod Taluk of Karnataka State, India. It is about 267 miles north of Bylakuppe and about 32 miles south of Hubli, the nearest railway station.

Altitude, Temperature and rainfall:

The altitude at Mundgod area is approximately 1800 ft. above sea level and the temperature ranges between 78° -90°Fahrenheit with an average rainfall of 42" to 45" annually.

Conveyance / Communication

Nearest railway station: Hubli (southern Hubli) 57 km

Nearest airport : Goa, 300 km and Bangalore 400 km

Bus and taxi service: Available

Settlement population:

Initial population: 4302

Present population: 13400

No. of villages in the settlement:

The settlement has 11 villages or camp, out of which two of them are monastery. These 11 villages are scattered at different location with a distance of average 4-6 km from each other.

Settler's livelihood:

Most of the families have a small piece of agricultural land for their living. Besides agricultural, the settlers are also engaged in trading, restaurants, shopkeeping, and seasonal woollen garments business etc.

Facilities in the settlement:

School : 9 nursery school, 8 pre-primary school, 1 primary school, 2 Secondary school.

Health facilities: One modern allopathic hospital, One Tibetan Medical and Astro institute

Few small health clinics in various camp

Monastery : The settlement has 7 monasteries:

Co-operative Society : The settlement has Co-operative Society and it helps the settlers with the supply of seeds, fertilizers and tractors etc for farming. The co-operative Society also helps to find market for their produce.

Under the management of the Co-operative Societies there are five shops, a dairy farm and a mechanical workshop, dairy, truck section, low cost Building Center, Handicraft centers etc have been set up to provide employment, to preserve the Tibetan tradition carpet weaving, and to generate the income for the co-operative societies.

Aged care : There are two old people's homes in this settlement. One was started in 1971 with 11 block consisting of 28-twin quarter accommodating large 153 desitute elders in settlement. Other was constructed in 1992 accommodating about 70 elders with 40 rooms with a common kitchen and dining hall with laundry.

Administrative setup:

Representative:

This settlement has a appointed officer who is the Representative of Central Tibetan Administration (CTA), Dharamsala. This settlement officer is the principle post of the settlement and he is incharge of socio-economic development and administration in the settlement under the policy and guidelines of the Central Tibetan Administration.

The Representative also acts as the liaison between the settlers and the Central Tibetan Administration (CTA) and is the main source of information for the settlers.

Local Assembly:

These settlers democratically elect their Local Assembly members and these Local Assembly members represent the settlers. They hold session twice a year and they can raise and debate during the session

contact address:

Representative

Doeguling Tibetan Settlement

P.O. Tibetan Colony, Mundgod

Distt. North Kanara

Karnataka State-571457, INDIA

Telephone: 08301-245732, Fax:08301-245877,

E-mail: doegul@rediffmail.com



HOW YOU CAN HELP.

1. Make donatiion to CTRC's General Fund.
2. Give project-specific donations.
3. Sponsor needy and old person.
4. Volunteer for transfer of technology and expertise.
5. Make donation to CTRC's Emergency Relief Fund.
6. Inform others about us.
7. Raise fund for CTRC's projects.

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Projects needing Fund

Construction of flood protection bund for the Agling camp , Ladakh

The Agling camp, ladakh experianced unprecedented flood in year 2005 and recently in August 2, 2006. This project aim to construct concrete flood protection bund to protect the damages of live, properties and livelihood of settlers from unprecedent flood of Leh Ganga river. The total budget of project is Rs. 6,755,209 and the balance amount of Rs. 4,555,209/- is required .

Staff Quarter Construction, Miao. Arunachal Pradesh

The project proposes to construct staff quarter for Representative and Office Secretary of Choepheling Tibetan settlement. The total budget of the project is Rs. 1,299,523 (USD 30,220) and balance amount Rs. 414,111/- is required.

Ladakh Housing Renovation

The project aims to renovate 337 residential houses of Sonamling Tibetan refugee settlement in Ladakh. Most of the beneficiaries are living below the poverty line and hence could not renovate the houses of their own since its inception in 1969. The total budget of the project is 4,369,672 (USD 300 per house) and balance amount of Rs. 3,550,952/- is required.

Construction of community hall &Library, Bir Dege Settlement.

This project of constructing Library and community hall aims to channelize the youthful energy into constructive and useful self-enhancing activities. It also prevents youth from indulging in anti-social activities such as gambling, alcohol and drugs. The total cost of the project is Rs. 2,710,821/-.

Construction of Retaining Wall, Kalimpong

The project aims to construct retaining wall to prevent risk of landsliding and soil erosion in the nearby area. The total cost of the project is Rs. 259,200/

CTRC take this opportunity to express its sincere gratitude & appreciation for your continuous support & well wishes. We wish you all the best and hope to retain your patronage. THANK YOU.

This issue covers events from Oct'06 to Dec.2006.

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